

2009 MAAC Outdoor Track and Field Championships Meet Schedule

Saturday, May 2, 2009:

Field Events:

4:00pm	Hammer Throw (W) Javelin (M)
5:30pm	Long Jump (W) Hammer Throw (M) Javelin (W) Long Jump (M)

Running Events:

5:00pm	3,000 M Steeplechase (W)
5:15pm	3,000 M Steeplechase (M)
5:30pm	10,000 M Run (W)
6:20pm	10,000 M Run (M)

Sunday, May 3, 2009

Field Events:

11:00am	High Jump (W) Triple Jump (M) Shot Put (W) Pole Vault (M)
12:30pm	High Jump (M) Triple Jump (W) Shot Put (M)
1:00pm	Discus (W)
2:00 pm	Pole Vault (W)
2:30pm	Discus (M)

Running Events:

12:00pm	4x100m (W)
12:05pm	4x100m (M)
12:10pm	1500m (W)
12:25pm	1500m (M)
12:35pm	110m Hurdles (W)
12:45pm	100m Hurdles (M)
12:55pm	400m (W)
1:05pm	400m (M)
1:15pm	100m (W)
1:20pm	100m (M)
1:30pm	800m (W)
1:40pm	800m (M)
1:50pm	400m Int. Hurdles (W)
2:00pm	400m Int. Hurdles (M)
2:10pm	200m (W)
2:20pm	200m (M)
2:30pm	5000m (W)
2:55pm	5000m (M)
3:15pm	4x400m (W)
3:20pm	4x400m (M)